The background of the slide is a photograph of fresh produce. In the foreground, there are several ears of yellow corn and several white onions. Behind them, there are green beans and a basket of red tomatoes. The basket has some text on it, including "Côte-Nord" and a phone number "450-470-0457".

Telling the Story of Charlottesville's Community Food System

*An Assessment of the Gaps and Opportunities within the
Local Food System Through the Lens of Health*

Tierra Howard
Amanda Humphries
Lauren Ulmer



Telling the Story

- Key Points
- Context and Findings
- Discussion of Findings
- Identified Gaps
- Community Suggestions and Opportunities

A photograph of a wooden basket filled with fresh vegetables. In the foreground, there are several green beans and a bunch of yellow-green peppers. In the background, there are several red tomatoes and a few white onions. The basket is resting on a wooden surface. The text 'Key Points' is overlaid on the top right of the image.

Key Points

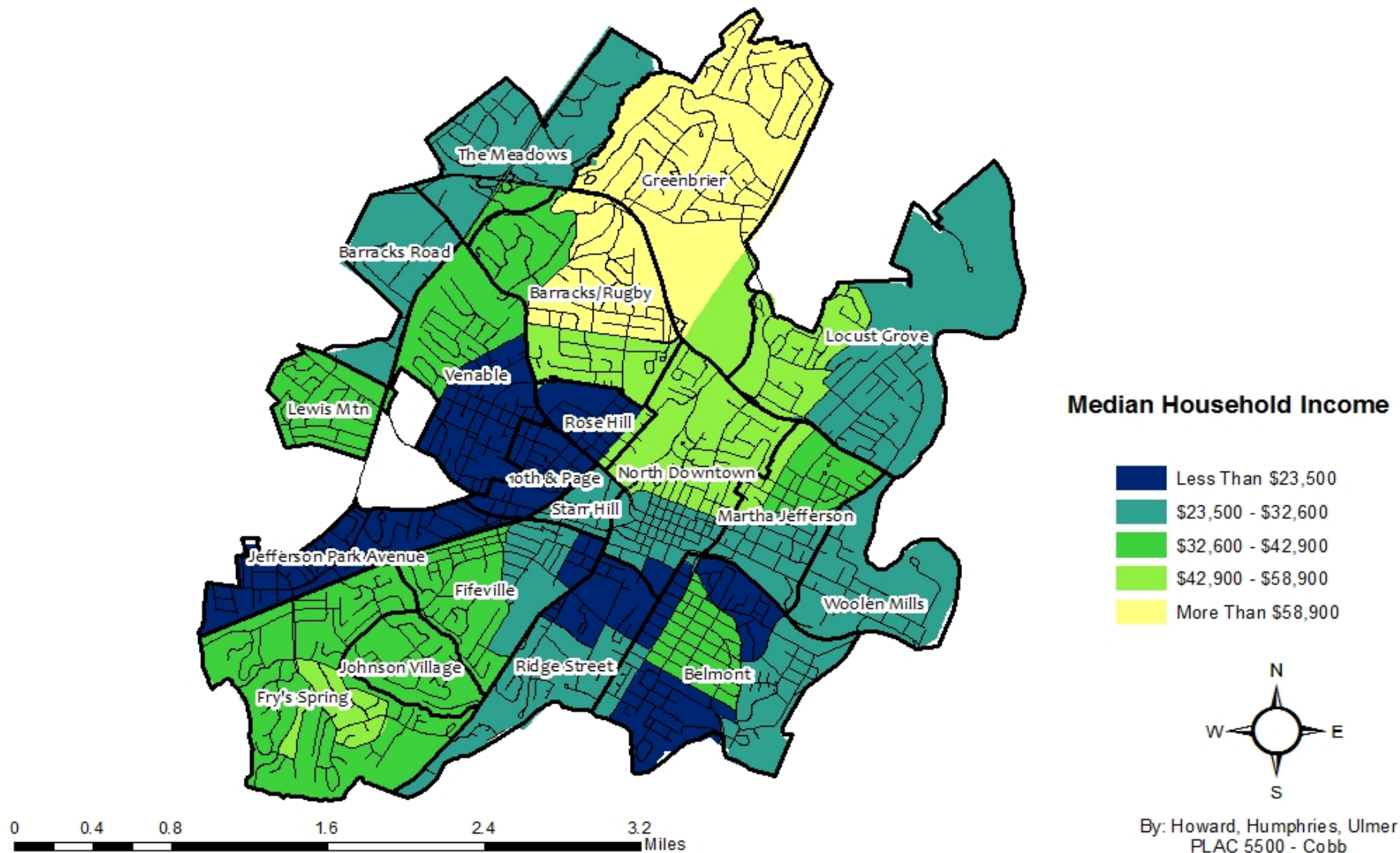
1. The obesity and diabetes epidemic is prevalent within the local and regional community.
2. Refugees have difficulty in locating culturally appropriate food.
3. Social and cultural inequities exist within Charlottesville's community food system.

A photograph of fresh vegetables. In the foreground, there are several green beans, a bunch of white onions, and several green peppers. In the background, a wooden bucket is filled with ripe red tomatoes. The bucket has a label that reads "Maison petits fruits de la Côte-Nord" and "bleuets sauvages du Québec" with a phone number "450-470-0457".

Context & Findings

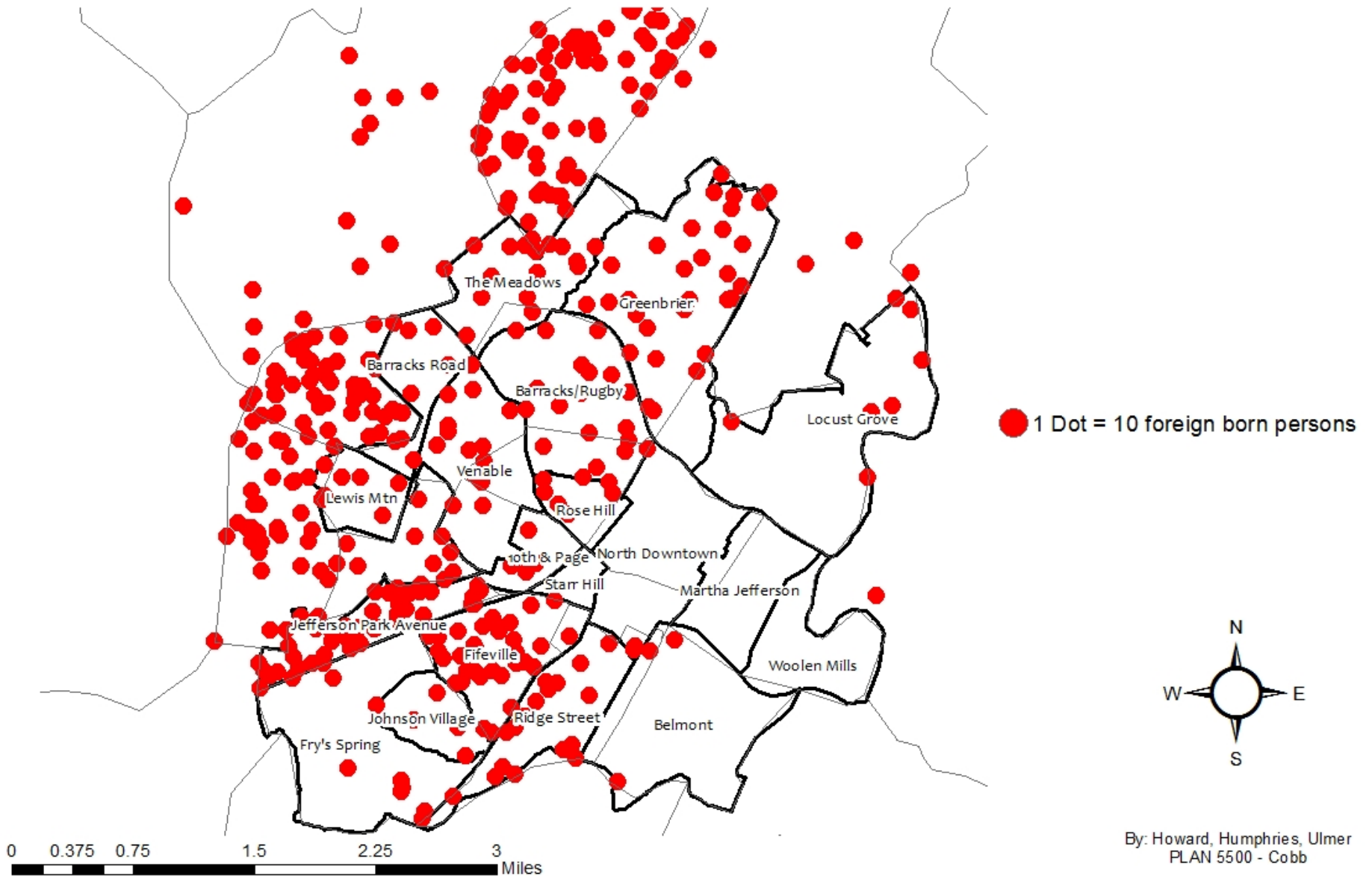
Median Household Income by Block Group

2000



By: Howard, Humphries, Ulmer
PLAC 5500 - Cobb

Foreign Born Population Entered 2000 or Later by Census Tracts



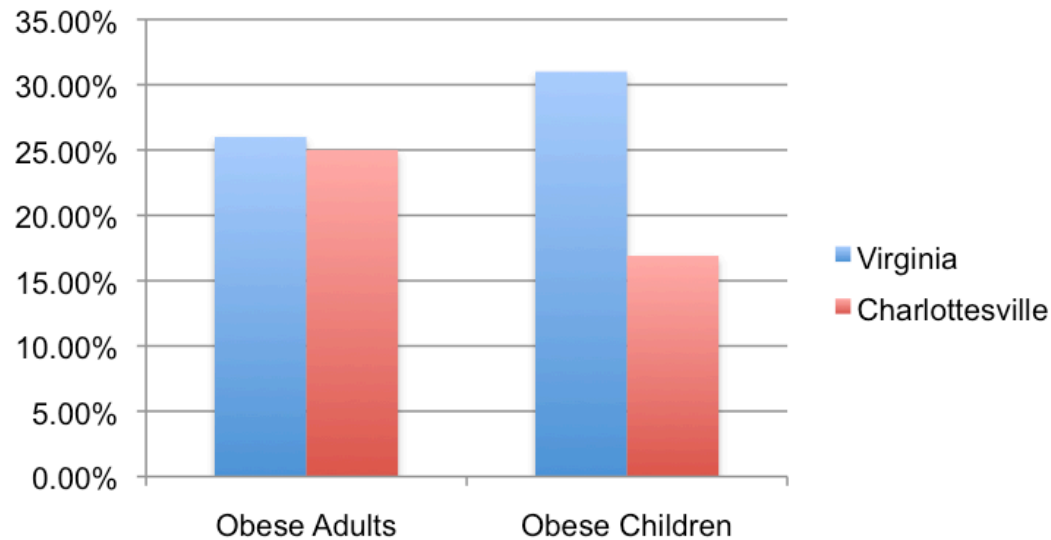
American Community Survey Estimate 2005-2009

By: Howard, Humphries, Ulmer
PLAN 5500 - Cobb

Diabetes & Obesity

- Obesity is prevalent in both adults and children.
- Diabetes is eighth leading cause of death in region

Obesity Rates: Children and Adults (2007)



Social and Cultural Barriers

- Fear
- Language
- Access



Identified Gaps

- Schools
- Race and income disparities
- Insufficient diversity



Community Suggestions and Opportunities

- Facilitate a Food Policy Council
- Implement small-scale family gardens
- Create guide for locating culturally appropriate food for immigrants
- Expand opportunities within schools

